

**in motion/en mouvement National Physical Activity Institute
 August 26-28, 2010
 Agenda**

Thursday, August 26			
8:00 – 8:30am	Registration		
8:30 – 9:00am	Opening Remarks		
9:00 – 10:00am	Key Note	Importance of targeting populations within a community based physical activity strategy and meeting the needs of research and community harmoniously/simultaneously	Nazeem Muhajarine (Community Health and Epidemiology, Medicine University of Saskatchewan)
10:00 – 10:15am	in motion/en mouvement break		
10:15 – 12:15pm	In motion/en mouvement Community Targeted Strategy Showcase	The <i>in motion/en mouvement</i> communities from across Canada will showcase their targeted strategies taking you from the process, application of theory to the knowledge translation and dissemination and most important, lessons learned.	<ul style="list-style-type: none"> ▪ Saskatchewan <i>in motion/en mouvement</i> ▪ Manitoba <i>in motion</i> ▪ Winnipeg <i>in motion</i> ▪ Wellington, Dufferin & Guelph (WDG) <i>in motion</i> ▪ Huron & Perth <i>in motion</i> ▪ SW <i>in motion</i> (Sarnia-Lampton; Chatham-Kent; Windsor-Essex) ▪ Middlesex-London <i>in motion</i> ▪ New Brunswick <i>in motion/en mouvement</i>
12:15 – 1:15pm	Lunch		
1:00 – 1:45pm	Con't Community Targeted Strategy Showcase		
1:45 – 3:15pm	Break out sessions focusing on key targeted strategies	<ul style="list-style-type: none"> ▪ Early years (0-5 yrs) ▪ Reaching vulnerable populations through targeted strategies ▪ Chronic disease populations ▪ Built Environment 	
3:15 – 3:30pm	in motion/en mouvement nutrition break		
3:30 – 4:30pm	Facilitated Discussion	A panel of experts will report back on the group discussion looking at target group trends both locally and nationally	

6:30 pm - Don't miss this opportunity to have dinner and network with physical activity practitioners and researchers from across Canada. Meal is included with your registration fee.

Friday, August 27			
8:30 – 10:00am	Key Note	Mark Tremblay will present the latest physical activity research and measurement tools.	Mark Tremblay, Director, Healthy Active Living and Obesity Research, Research Institute Children's Hospital of Eastern Ontario (CHEO)
10:00 – 10:15am	<i>in motion/en mouvement</i> break		
10 :15 – 12:30pm	Regional/Provincial Presentations on their <i>in motion/en mouvement</i> Physical Activity Baseline and Follow-up Survey	Each <i>in motion</i> region will be presenting their methodology, uniqueness and variations of their survey and the highlights of their results, lessons learned and future plans.	<ul style="list-style-type: none"> ▪ Saskatoon <i>in motion/en mouvement</i> ▪ Manitoba <i>in motion</i> ▪ Winnipeg <i>in motion</i> ▪ Wellington, Dufferin & Guelph (WDG) <i>in motion</i> ▪ Huron & Perth <i>in motion</i> ▪ SW <i>in motion</i> ▪ (Sarnia-Lampton; Chatham-Kent; Windsor-Essex ▪ Middlesex-London <i>in motion</i> ▪ New Brunswick <i>in motion/en mouvement</i>
12:30 – 1:30pm	Lunch		
1:30 – 2:30pm	Community Research Frameworks, Models and Designs	<i>In motion/en mouvement</i> communities will share the frameworks, model and designs that has been part of their success	Panel
2:30 – 2:45pm	<i>in motion/en mouvement</i> and nutrition break		
3:30 – 4:30pm	Putting Knowledge into Action	How you can further analyses data and using to build public policy and political support.	Panel

For more information, please contact Linda Martin at Linda.martin@usask.ca or visit www.canadainmotion.ca